

# SYA EXTREME COMPETITION CHEER EVALUATIONS APPLICATION

Please complete this application and return to the SYA Coaching Staff **PRIOR** to evaluations.  
If not typed, please print legibly!

**PLEASE ATTACH A RECENT PICTURE TO THIS APPLICATION.**

**Name:** \_\_\_\_\_ **Birthday (DD/MM/YYYY):** \_\_\_\_\_ **Age:** \_\_\_\_\_

**Athlete's Cell Phone:** \_\_\_\_\_ **Athlete's Email:** \_\_\_\_\_

**Mom's Cell Phone:** \_\_\_\_\_ **Dad's Cell Phone:** \_\_\_\_\_

**Mom's Email:** \_\_\_\_\_ **Dad's Email:** \_\_\_\_\_

**Prior Competitive Cheer Experience:**  Yes  No **Year(s) of Participation:** \_\_\_\_\_

**Positions (check all that apply):**  Main Base  Side Base  Flyer  Back Spot  Front Spot

**Standing Tumbling (check all that can be performed without a spot on a SPRING FLOOR):**  No Tumbling (New to Cheer)

FWR  BWR  Straddle Roll  CW  RO  Front Limber  Back Limber  Backbend Kickover  
 FWO  BWO  BWO Switch Leg  Valdez  1 Arm FWO  1 Arm BWO  BHS  BHS Step Out  
 BWO/BHS  BWO/BHS Step Out  BWO/BHS Step Out/BWO  BWO Switch Leg/BHS  Valdez/BHS  
 BHS Step Out/BWO/BHS  Valdez/BHS Step Out  BHS Series  Jump/BHS  BWO/BHS Series  
 Jump/BHS Series  BHS/Jump/BHS  BHS Series/Jump/BHS Series  Jump/BHS/Jump/BHS  
 BHS Step Out BHS/BHS Series  BHS Step Out/BWO BHS Series  BWO/BHS Jump BHS/BHS Series  Tuck  
 BHS Series/Tuck  BHS/Tuck  Jump/BHS Series/Tuck  Jump/BHS/Tuck  BWO/Tuck

**Running Tumbling (check all that can be performed without a spot on a SPRING FLOOR):**  No Tumbling (New to Cheer)

CW  FWO  RO  CW/BWO  FWO/CW  FWO/RO  FWO/CW/BWO  
 FWO/CW/BWO Switch Leg  CW/BHS  RO/BHS  RO/BHS Step Out  RO/BHS Series  FHS  
 Series FHS  FWO/RO/BHS/BHS Series  RO/BHS Step Out/BWO/BHS Series  PF  RO/Tuck  Aerial  
 RO/BHS/Tuck  RO/BHS Series Tuck  FWO/Aerial  RO/BHS Step Out/ 1/2 Turn/RO/BHS/Tuck  
 FWO/RO/BHS/Tuck  FWO/RO/BHS Series/Tuck  CW/Tuck  RO/Layout  Aerial/Tuck  FHS/PF  
 RO/BHS/Layout/Layout Step Out/X-Out/Switch Leg  PF/RO/BHS Tuck  FWO/RO/BHS/Layout  
 PF Step Out/RO/BHS/Layout  RO/Whip/Tuck  RO/Whip/BHS/Tuck  RO/BHS/Whip/Layout  
 RO/BHS/Whip/BHS/Layout  PF Step Out/RO/BHS/Whip/Layout  PF Step Out/RO/BHS/Whip/BHS/Layout  
 RO/Full  RO/BHS/Full  RO/BHS Series/Full  FWO/RO/BHS/Full  
 FWO/RO/BHS Series/Full  PF/RO/BHS/Full  PF/RO/BHS Series/Full

**Please evaluate me for the following team(s):**

LEVEL 1  LEVEL 2  LEVEL 2.1  LEVEL 3  LEVEL 3.1  LEVEL 3.2  LEVEL 4  LEVEL 4.2  
 (Explanation Examples: Level 1 = Level 1 stunting & Level 1 tumbling / Level 2.1 = Level 2 stunting **with** Level 1 tumbling)

**IF NEEDED**, I would be interested in being a **CROSSOVER** (additional fee may apply):  Yes  No

I would like to **JUNIOR COACH**:  Yes  No **Requested Level(s):** \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

I participate in High School Winter and/or Spring Sports:  Yes  No **Sports:** \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

FWR: Forward Roll BWR: Backward Roll CW: Cartwheel RO: Round Off FWO: Front Walkover BWO: Back Walkover  
 BHS: Back Handspring FHS: Front Handspring PF: Punch Front