



STATE CHAMP YOUTH FOOTBALL CAMP

Camp Director-Westfield Head Football Coach Kyle Simmons

Skills and Fundamentals Camp For Rising 6th - 9th Graders

Session Dates
June 17-20, 2019
5:30-8:00
Westfield High School Turf Stadium

Sponsor

Held in cooperation with the Westfield High School Athletic Boosters

Camp Director

Kyle Simmons
Head Football Coach, Westfield High School

Instructors

Westfield Football Staff
Westfield Football Players

Cost

Camp Fee--\$100.00
Includes –Instruction, ATC on site, Camp T-shirt and Camp Insurance
Make checks payable to: **Westfield High School Athletic Boosters Club (WABC)**

Note: For staffing purposes, once camp begins there will be no refunds.
There will be no confirmation of checks received.

Date & Time

June 17-20
5:30pm-8:00pm
Westfield High School

Who May Attend

Any Rising 6th-9th Grade Student Athlete

What to Bring

Football Cleats, Shorts, T-shirts
Water is provided but you are welcome to bring your own hydration

Objectives

The aim of the camp is to provide players with skills and fundamentals that will help them learn the game of football. We will work individual position skills along with position groupings and encourage any youth league coaches to attend.

Skills

Linemen

Stance, starts, footwork, blocking techniques, tackling techniques, hand placement

Linebackers

Stance, reads, hand work, set recognition, tackling techniques

Defensive backs

Stance, man and zone coverages, ball drills, tackling techniques

Receivers

Stance, routes, ball drills, stalk blocks

Running backs

Stance, starts, ball security, running techniques, receiving

Quarterbacks

Snaps, footwork, handoffs, pitches, throwing techniques

State Champ Youth Football Camp Application

Mail to: Westfield High School Activities Office
Attention: STATE CHAMP YOUTH FB CAMP
4700 Stonecroft Blvd.
Chantilly, VA 20151

Cost: \$100
Make checks out to:
Westfield HS Athletic Boosters

Name _____

Parent(s) Name _____

Contact Phone #1 _____ Contact Phone #2 _____

Rising 6th 7th 8th 9th T-Shirt Size YLG YXL S M L XL XXL

In the event of a life threatening emergency, the AT has permission to activate EMS prior to contacting the parents. Parents will be contacted at the same time by the coaches.

Signature of Parent _____ Date _____

Please list below any medical conditions the camp organizers should be aware of and/or emergency medications used by the athlete.